

Editorial

The International Movement Newsletter (I.M.N)

By Ch. Mansat

The movement observatory was created two years ago and now boasts over a thousand members, reflecting its multidisciplinary nature (surgeons, orthopaedists, rheumatologists, physiotherapists, sports practitioners, general practitioners and chiropodists). The time has come to widen our horizons.

F. Commandré is giving us the possibility to extend our affiliation to members of the Latin and Mediterranean Organisation of Sport Practitioners (Groupement Latin et Méditerranéen de Médecine du Sport) for which we are greatly thankful. This is an important step for us and we wish to thank all the members of the Latin and Mediterranean Organisation of Sport Practitioners and especially its president, Dr. J.J. Gonzalez-Iturri.

To that effect we are publishing an annual newsletter addressed to its members which will review in particular the various newsletters already published regarding our activities. We invite all our members to consult our site, which will allow us to exchange, to ask questions and to get to know one another. We are open to all propositions.

We wish to remind you that the O.D.M. (Movement Observatory) is a multidisciplinary structure for sharing thoughts, research, training and information, whose final objectives are threefold:

- improving the knowledge and the understanding of the pathologies linked to the locomotor apparatus
- evaluating the risk factors and ensuring that primary and secondary preventive practices be considered as a means of therapy
- promoting movement, physical activity, as a major factor as regards health, capable of reducing the effect and the gravity of certain pathologies.

« Our life is but movement ». Montaigne